David Lee Acupuncture 166 N. Moorpark Road #201 Thousand Oaks, CA 91360 P: 805.497.6200 F: 805.497.6233

| Doto | | | |
|------|--|--|--|
| Date | | | |

| PATIENT CONFIDENTIAL INFORMATION (PLEASE PRINT) | | | | |
|---|-------------------------|------------------------|----------------|------------|
| Patient First Name Last Name | | □Male □Female □Other | SSN: | |
| First Name Last Name | Initial | | | |
| Home Phone ()Cell Pho | | | | |
| | ☐ Appoint | ment Reminder Text | | |
| Street Address | City | / | _ State | Zip |
| Birthdate Age Height We | ight | □Single □Married □Sepa | arated Divorce | d □Widowed |
| Occupation Business F | Phone (|) | | |
| Who may we thank for referring you? What is your illness/injury? Have you seen any other doctor about this condi | tion? □Yes | □No If yes, when? _ | | |
| Who is your primary physician? Name | | Phone (|) | |
| Is your condition related to employment (current or previous)? Employer's Name Is your condition related to auto accident? Yes No If yes, when? Other accident? Yes No Please describe: FOR FEMALES: Are you pregnant? Yes No If yes, for how long? FOR MINORS: parent's name and date of birth | | | | |
| In case of emergency, call: Phone() | Please ma | 1:1 | | |
| Name | the location of pain or | ns | | |
| Relationship to patient | discomfort | | // | |
| FINANCIAL ARRANGEMENTS How do you plan to handle your account? □Cash □Check □Visa/Master □AmEx | | | | |
| INSURANCE INFORMATION Do you have medical insurance? □Yes □No | | | | |
| If yes, please have the office make a copy of your insurance card. | | | 4 | |
| | | FRONT | BACK | SIDE |

FINANCIAL POLICY & PATIENT RESPONSIBILITY

We request payment on the date of service. We are able to accept payment in the form of cash, check, American Express, Visa, Discover, and MasterCard.

Charge Rates

- New Patient Consultation (non-insured patients only): \$60
- Acupuncture Treatment (non-insured patients only): \$120
- Initial Herbal Consultation: \$90
- Continued Herbal Consultation: \$ 60
- 12 Day Herbal Formula (non-refundable): \$140 160
- Dietary Consultation including *Tetrasoma Diet* Book: \$90 \$120

Insurance

Patients should contact their insurance company prior to treatment to determine their acupuncture benefits. Be sure you are clear about your responsibilities such as deductibles and co-pays/co-insurance. As a courtesy to patients, our office will confirm acupuncture benefits and submit claims to the insurance carrier. Due to the varying calculations involved, please *do not assume final payment* until the explanation of benefits (EOB) and insurance payment is received. Please note that you, the patient, have ultimate financial responsibility for your care. If your acupuncture insurance benefits seem vague, *you may be required to make full payment until the explanation of benefits is received*. If there is an issue with an insurance payment it is your responsibility to contact the insurance to rectify the issue. Herbal formulas, dietary consultations, and acupressure consultations are not covered by any insurance plan. By signing below, you are authorizing David Lee Acupuncture to release all information necessary to process any insurance or collection claims.

Cancellation Policy

Because our time and space is limited, David Lee Acupuncture's cancellation policy requires patients to give a 24-hour notice of cancellation prior to their appointment. This allows other patients the opportunity to schedule for that time. The cancellation fee for missed appointments or appointments cancelled without a 24-hour notice is \$25 even if rescheduled. Patients will not be able to see the doctor for another appointment until the cancellation fee is paid. Exceptions may be made for emergencies on a case-by-case basis. We ask that you please value our time and understand the reason for our cancellation policy. Thank you for your cooperation.

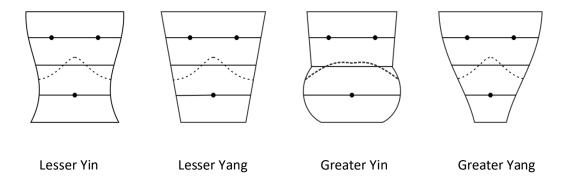
I understand and agree to the fees outlined above and may receive a copy of this Financial Policy & Patient Responsibility form upon request.

| Name | Signature | Date |
|------|------------------------|------------------|
| | Parent/Guardian if pat | tient is a minor |

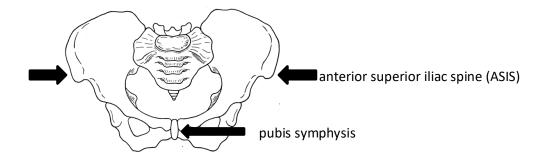
Patient Torso Measurement Agreement

Dr. David Lee's acupuncture style is based on Four Constitutional Medicine, where knowing your torso shape facilitates identifying your body type and therefore leads to proper treatment for your ailments. He determines your body type diagnosis by measuring five lines as illustrated below with a caliper (a measuring ruler). For females, the second line across the chest is not measured for protection of privacy.

Exaggerated example of torso shapes:



Three points of palpation:



The sides and front of the pelvic bone is also palpated. <u>Below</u> the pubis symphysis is <u>not</u> palpated.

I approve of Dr. David Lee measuring my torso and palpating my pelvic bone for the purpose of establishing an Asian medical diagnosis for the treatment of my illnesses.

| Patient Name | Patient Signature | Date |
|--------------|-------------------|------|

PATIENT CONFIDENTIAL INFORMATION

| Patient | name |
|----------------|------|
| | |

Please complete the following as accurately as possible whether in the recent past or present.

| □ epstein barr virus (EBV) □ cold sores □ genital herpes □ heart disease □ rheumatic fever □ high blood pressure □ stroke □ kidney disease □ urinary bladder problems/infections □ diabetes □ cancer □ pneumonia □ emphysema □ tuberculosis □ asthma □ peptic ulcer □ anemia or other blood disorder □ bleeding disorder □ fibromyalgia □ osteoarthritis □ rheumatoid arthritis □ mental disorder □ gout □ hepatitis □ liver cirrhosis □ gall stones □ jaundice □ hernia | □ thyroid disorder □ disorder of genitals □ gynecological disorder □ congenital abnormalities □ skin diseases □ elevated cholesterol □ cardiac pacemaker □ surgical implants □ change in bowel or bladder habits □ sores that will not heal □ unusual bleeding or discharge □ indigestion □ sjögren's disease □ irritable bowel disease □ lupus erythmatosis □ difficulty swallowing □ obvious change in a wart or mole □ alzheimer's □ parkinson's □ epilepsy or convulsions □ history of smoking # day □ history of drinking alcohol □ history of recreational drug use □ history of sexually transmitted disease □ HIV | | |
|--|---|--|--|
| Check the appropriate box below if you have taken a psychological behavior assessment test. DiSC Social Style: Dominant | | | |

Please complete the following as you feel they are significant to you.

PATIENT CONFIDENTIAL INFORMATION Patient name ☐muscle pain □shoulder pain □elbow pain □neck pain □knee pain □low back pain □other joint or muscular pain: ☐migraine headache ☐tension headache □cluster headache □cold/flu/bronchitis/pneumonia □ hay fever/allergies □asthma □nose bleeds frequently □ wheezing □bad breath □tongue sores □ lack of thirst/forget to drink □easy thirst/dry mouth/dry throat □poor or no appetite □high hunger □nausea □bloating/indigestion/acid reflux □abdominal pain/cramp/ulcer □chronic loose stools/diarrhea □ hemorrhoids □ hard dry stools □bowel movement every __ days □vertigo, dizziness □ringing in ears □palpitations/irregular heartbeat □color blind □dry eyes □ hair loss ☐skin tags on neck ☐fatty nodules under skin □eczema/acne/skin eruptions □brittle nails □edema/ water retention □difficult gaining weight □difficult losing weight □cold hands and feet ☐I get chills easily □wear socks to sleep often □cannot take cold shower ☐my body is constantly hot ☐ the Winter season · My body accepts more: ☐ the Summer season □insomnia □sleeping too much □night sweats □ADD/ADHD (attention deficit disorder/attention deficit hyperactive disorder) □anxiety/depression/worry □incontinence of urine ☐frequent urination □cloudy / bubbling urine **painful burning urination □**bladder-kidney stones ☐ urinate x night ·How often do you urinate during the day? \square every hour \square every 2 hours \square every 3 hours \square every 4 hours ·When passing the bowel, does it most of the time feel complete \(\pi \) or often feel unrelieved? \(\pi \) ·When passing the bowel, do you sit for a pro-longed period \square or is it excreted in a few seconds? \square ·How many hours do you need to sleep through the night? _____ hours •Do you enjoy meats ☐ or do you find them to be heavy and hardly digestible? ☐ ·Do you enjoy fried foods ☐ or do you find them to be heavy and hardly digestible? ☐ ·Have you been on the Atkins Diet? and did well \square got sick from it \square never tried it \square

·I usually sweat on my: □head

·Do you get seasick or motion sickness easily? □yes □no

·When I act or move. I sweat: \Begin{aligned} \Ballon & \Ballon &

□arm pit

· Do you see yourself accomplishing tasks at the last moment □ or in step-by-step increments? □

□neck

□upper body

□back

□whole body □palm and sole

· Are you highly sensitive to initially perceived criticisms or do you let them pass easily?

□lower body

□face

·I have fear of or discomfort with: Dheights Dclosed places Dopen places Dinsects/reptiles Check any of the following that gives you negative reaction: □milk/dairy □wheat/gluten □shellfish □ caffeine □dander/dust/pollen □egg □mango □ perfumes □ penicillin □nickel in jewelry □melon □other Are you taking herbs? _____ **MEN** □ potency issue □ prostatitis □ fertility difficulties WOMEN Age when periods began Last pap smear date__ Duration of flow /days _____ Is your cycle regular? □yes □no Date of the last period _____ Do you believe you are pregnant? \square yes \square \square no Difficulties during period: □excessive flow □less flow □cramps □clots □breast distension □emotional changes □ fertility difficulties □ habitual miscarriage □ breast cysts □ low libido □ menopausal symptoms □vaginal yeast (candida) infections Menstrual cramps: □every or almost every period □infrequent Birth control history, method, & duration of use____ __pregnancies ___births ___abortions ___miscarriages ____C-sections HISTORY & HEALTH GOALS What is your major history of illnesses? Surgeries & dates _____ What is your health goal through the treatment at this clinic? □pain management ☐treatment of the illness □ preventative lifestyle From the above, which condition bothers you the most?

Patient name_____

PATIENT CONFIDENTIAL INFORMATION

| PATIENT NAME: | | |
|---------------|--|--|

ARBITRATION AGREEMENT

Article 1: Agreement to Arbitrate: It is understood that any dispute as to medical malpractice, that is as to whether any medical services rendered under this contract were unnecessary or unauthorized or were improperly, negligently or incompetently rendered, will be determined by submission to arbitration as provided by California and federal law, and not by a lawsuit or resort to court process except as California and federal law provide for judicial review of arbitration proceedings. Both parties to this contract, by entering into it, are giving up their constitutional right to have any such dispute decided in a court of law before a jury, and instead are accepting the use of arbitration. Further, the parties will not have the right to participate as a member of any class of claimants, and there shall be no authority for any dispute to be decided on a class action basis. An arbitration can only decide a dispute between the parties and may not consolidate or join the claims of other persons who have similar claims.

Article 2: All Claims Must be Arbitrated: It is also understood that any dispute that does not relate to medical malpractice, including disputes as to whether or not a dispute is subject to arbitration, as to whether this agreement is unconscionable, and any procedural disputes, will also be determined by submission to binding arbitration. It is the intention of the parties that this agreement bind all parties as to all claims, including claims arising out of or relating to treatment or services provided by the healthcare provider including any heirs or past, present or future spouse(s) of the patient in relation to all claims, including loss of consortium. This agreement is also intended to bind any children of the patient whether born or unborn at the time of the occurrence giving rise to any claim. This agreement is intended to bind the patient and the healthcare provider and/or other licensed healthcare providers, preceptors, or interns who now or in the future treat the patient while employed by, working or associated with or serving as a back-up for the healthcare provider, including those working at the healthcare provider's clinic or office or any other clinic or office whether signatories to this form or not.

All claims for monetary damages exceeding the jurisdictional limit of the small claims court against the healthcare provider, and/or the healthcare provider's associates, association, corporation, partnership, employees, agents and estate, must be arbitrated including, without limitation, claims for loss of consortium, wrongful death, emotional distress, injunctive relief, or punitive damages. This agreement is intended to create an open book account unless and until revoked.

Article 3: Procedures and Applicable Law: A demand for arbitration must be communicated in writing to all parties. Each party shall select an arbitrator (party arbitrator) within thirty days, and a third arbitrator (neutral arbitrator) shall be selected by the arbitrators appointed by the parties within thirty days thereafter. The neutral arbitrator shall then be the sole arbitrator and shall decide the arbitration. Each party to the arbitration shall pay such party's equal share of the expenses and fees of the neutral arbitrator, together with other expenses of the arbitration incurred or approved by the neutral arbitrator, not including counsel fees, witness fees, or other expenses incurred by a party for such party's own benefit. Either party shall have the absolute right to bifurcate the issues of liability and damage upon written request to the neutral arbitrator.

The parties consent to the intervention and joinder in this arbitration of any person or entity that would otherwise be a proper additional party in a court action, and upon such intervention and joinder, any existing court action against such additional person or entity shall be stayed pending arbitration. The parties agree that provisions of the California Medical Injury Compensation Reform Act shall apply to disputes within this arbitration agreement, including, but not limited to, sections establishing the right to introduce evidence of any amount payable as a benefit to the patient as allowed by law (Civil Code 3333.1), the limitation on recovery for non-economic losses (Civil Code 3333.2), and the right to have a judgment for future damages conformed to periodic payments (CCP 667.7). The parties further agree that, where not in conflict with this agreement, the Arbitration Rules of ADR Services, Inc. shall govern any arbitration conducted pursuant to this Arbitration Agreement. A copy of the ADR Services rules are available on its website at www.adrservices.com or by calling 213-683-1600 to request a copy of the rules.

Article 4: General Provision: All claims based upon the same incident, transaction, or related circumstances shall be arbitrated in one proceeding. A claim shall be waived and forever barred if (1) on the date notice thereof is received, the claim, if asserted in a civil action, would be barred by the applicable legal statute of limitations, or (2) the claimant fails to pursue the arbitration claim in accordance with the procedures prescribed herein with reasonable diligence.

Article 5: Revocation: This agreement may be revoked by written notice delivered to the healthcare provider within 30 days of signature and, if not revoked, will govern all professional services received by the patient and all other disputes between the parties.

Article 6: Retroactive Effect: If patient intends this agreement to cover services rendered before the date it is signed (for example, emergency treatment), patient should initial here._____. Effective as of the date of first professional services.

If any provision of this Arbitration Agreement is held invalid or unenforceable, the remaining provisions shall remain in full force and shall not be affected by the invalidity of any other provision. I understand that I have the right to receive a copy of this Arbitration Agreement. By my signature below, I acknowledge that I have received a copy.

NOTICE: BY SIGNING THIS CONTRACT YOU ARE AGREEING TO HAVE ANY ISSUE OF MEDICAL MALPRACTICE DECIDED BY NEUTRAL ARBITRATION AND YOU ARE GIVING UP YOUR RIGHT TO A JURY OR COURT TRIAL. SEE ARTICLE 1 OF THIS CONTRACT.

| Patient Name (print): | Signature: | Date: |
|-----------------------------|-------------|--------|
| Parent or Guardian (print): | _Signature: | _Date: |
| Office Name: | Signature: | Date: |

ACUPUNCTURE INFORMED CONSENT TO TREAT

I understand that I am the decision maker for my health care. Part of this office's role is to provide me with information to assist me in making informed choices. This process is often referred to as "informed consent" and involves my understanding and agreement regarding the care recommended, the benefits and risks associated with the care, alternatives, and the potential effect on my health if I choose not to receive the care. Acupuncture is not intended to substitute for diagnosis or treatment by medical doctors or to be used as an alternative to necessary medical care. It is expected that you are under the care of a primary care physician or medical specialist, that pregnant patients are being managed by an appropriate healthcare professional, and that patients seeking adjunctive cancer support are under the care of an oncologist.

I hereby request and consent to the performance of acupuncture treatments and other procedures within the scope of the practice of acupuncture on me (or on the patient named below, for whom I am legally responsible) by the acupuncturist indicated below and/or other licensed acupuncturists who now or in the future treat me while employed by, working or associated with, or serving as back-up for the acupuncturist named below, including those working at the clinic or office listed below or any other office or clinic, whether signatories to this form or not.

I understand that methods of treatment may include, but are not limited to, acupuncture, moxibustion, cupping, electrical stimulation, Tui-Na (Chinese massage), Chinese herbal medicine, and nutritional counseling. I understand that the herbs may need to be prepared and the teas consumed according to the instructions provided orally and in writing. The herbs may have an unpleasant smell or taste. I will immediately notify a member of the clinical staff of any unanticipated or unpleasant effects associated with the consumption of the herbs.

I appreciate that it is not possible to consider every possible complication to care. I have been informed that acupuncture is a generally safe method of treatment, but, as with all types of healthcare interventions, there are some risks to care, including, but not limited to: bruising; numbness or tingling near the needling sites that may last a few days; and dizziness or fainting. Burns and/or scarring are a potential risk of moxibustion and cupping, or when treatment involves the use of heat lamps. Bruising is a common side effect of cupping. Unusual risks of acupuncture include nerve damage and organ puncture, including lung puncture (pneumothorax). Infection is another possible risk, although the clinic uses sterile disposable needles and maintains a clean and safe environment.

I understand that while this document describes the major risks of treatment, other side effects and risks may occur. The herbs and nutritional supplements (which are from plant, animal, and mineral sources) that have been recommended are traditionally considered safe in the practice of Chinese Medicine, although some may be toxic in large doses. I understand that some herbs may be inappropriate during pregnancy. I will notify a clinical staff member who is caring for me if I am, or become, pregnant or if I am nursing. Should I become pregnant, I will discontinue all herbs and supplements until I have consulted and received advice from my acupuncturist and/or obstetrician. Some possible side effects of taking herbs are: nausea; gas; stomachache; vomiting; liver or kidney damage; headache; diarrhea; rashes; hives; and tingling of the tongue.

While I do not expect the clinical staff to be able to anticipate and explain all possible risks and complications of treatment, I wish to rely on the clinical staff to exercise judgment during the course of treatment which the clinical staff thinks at the time, based upon the facts then known, is in my best interest. I understand that, as with all healthcare approaches, results are not guaranteed, and there is no promise to cure.

I understand that I must inform, and continue to fully inform, this office of any medical history, family history, medications, and/or supplements being taken currently (prescription and over-the-counter). I understand the clinical and administrative staff may review my patient records and lab reports, but all my records will be kept confidential and will not be released without my written consent.

I understand that there are treatment options available for my condition other than acupuncture procedures. These options may include, but are not limited to: self-administered care, over-the-counter pain relievers, physical measures and rest, medical care with prescription drugs, physical therapy, bracing, injections, and surgery. Lastly, I understand that I have the right to a second opinion and to secure other options about my circumstances and healthcare as I see fit.

By voluntarily signing below, I confirm that I have read, or have had read to me, the above consent to treatment, have been told about the risks and benefits of acupuncture and other procedures, and have had an opportunity to ask questions. I agree with the current or future recommendations for care. I intend this consent form to cover the entire course of treatment for my present condition and for any future condition(s) for which I seek treatment.

| PATIENT NAME: | |
|---------------------|--------|
| | |
| | |
| ACUPUNCTURIST NAME: | |
| | |
| | (Date) |

PATIENT SIGNATURE X

(Indicate relationship if signing

(Or Patient Representative) for patient)